



SOCIAL EMOTIONAL Learning

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Quarter 2

Unit 1 : Skills for Learning Students gained skills through the *Second Step* curriculum to help themselves learn, including how to focus their attention, listen carefully, use self-talk to stay on task, and be assertive when asking for help with schoolwork.

Kindergarten

- Demonstrate the Listening Rules (eyes watching, ears listening, voice quiet, body still)
- Focusing attention using eyes, ear, and brain in the context of a game
- Following directions using eyes, ears and brain in the context of a game
- Demonstrate self talk for remembering directions in the context of drawing game

1st Grade

- Distinguish an assertive request from a passive or aggressive one
- Demonstrate assertive communication skills in response to scenarios
- Name feelings when presented with physical clues
- Compare physical and emotional similarities and differences between two children

2nd Grade

- Demonstrate assertive communication skills in response to scenarios
- Name a variety of feelings and distinguish comfortable and uncomfortable feelings
- Use physical, verbal, and situational clues to determine what others are feeling
- Detect when their own or others' feelings change

3rd Grade

- Create a simple, three step plan
- Name a variety of feelings
- Identify others' feelings using physical, verbal, and situational clues
- Identify two conflicting feelings a person could have in a response to scenarios

4th Grade

- Identify clues to help recognize other people's feelings
- Identify differing perspectives in given scenarios
- Demonstrate giving and receiving a compliment
- Demonstrate skills for joining a group

5th Grade

- Define respect and empathy
- Demonstrate listening-with-attention skills
- Identify passive, aggressive, and assertive responses
- Demonstrate assertive responses with their partner

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1st Grade activation key:

SSP1 FAMI LY71

2nd Grade activation key:

SSP2 FAMI LY72

3rd Grade activation key:

SSP3 FAMI LY73

4th Grade activation key:

SSP4 FAMI LY74

5th Grade activation key:

SSP5 FAMI LY75